



# Washington Academy

*Enriching Lives, Inspiring Ambitions*

1<sup>st</sup> December 2023

Dear Parent/Carer,

I would like to take this opportunity to invite you to our **Year 11 Preparing to Perform** event which will be hosted in school on **Thursday 7<sup>th</sup> December 2023** between **17:30 and 18:30**. Students are advised to attend the presentation alongside parents and carers, however, uniform will not be required.

This event has been organised in advance of the first formal set of mock examinations in year 11. The **Preparing to Perform** event has been specifically tailored to address the unique challenges that Year 11 students face as they prepare for their examinations. Our aim is to provide you with valuable insights, resources, and strategies to help create a supportive environment at home during this critical period.

During the **Preparing to Perform** event, we will cover the following key topics:

- **Understanding the Exam Process:** An overview of the examination process, including types of exams, examination boards, and grading systems.
- **Effective Study Techniques:** Practical advice on study techniques, time management, and revision strategies that can enhance your child's preparation.
- **Managing Stress and Anxiety:** Tips for recognising and managing stress and anxiety, both for parents and students, to create a positive and supportive atmosphere.
- **Communication and Motivation:** Strategies for effective communication with your child, including fostering motivation and maintaining a healthy balance between academic and personal well-being.

We believe that your active involvement in your child's exam preparation can significantly contribute to their success. Washington Academy students achieved improving results in summer 2023. This exam success was achieved, in part, because of strong partnerships established between home and school. We value the backing of parents in supporting students to achieve and exceed their targeted grades through a close working relationship in the year ahead.

If you have any queries or concerns, please do not hesitate to contact me.

Yours sincerely

Mr S Parker  
**Regional Quality of Education Lead**

Headteacher: Mrs V Carter

Spout Lane, Washington, NE37 2AA

Tel: 0191 580 4956

[www.washingtonacademy.co.uk](http://www.washingtonacademy.co.uk)