

MENU – Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1	Toad in the Hole	Pepperoni Pizza Slice	Sausage & Gravy Dinner	Homemade Chicken Curry	Breaded Fish
Main Meal 2	Cheese Pasta Bake	Mince & Onion Pie	Chicken & Tomato Pasta	Chilli Dog in a Baguette	Chicken Nuggets & Curry Sauce
Vegetarian	(V) Vegetable Pasta	(V) Nut Cutlett	(V) Quorn Sausage Dinner	(V) Quorn Curry & Rice	(V) Jacket & Quorn Curry
Hot snack	Panini/Cheese & Ham	Pepperoni/Cheese Panini	Panini/Chicken Tikka	(V) Panini/Pizza	Panini/Cheese & Ham
Bread (Daily)	Wholemeal Bread	Garlic Bread	Herb Bread	Curried Bread	White Bread
Carbohydrate	Pasta/ Mashed Potato	Cubed Potatoes/Mashed Potatoes	Penne Pasta/Mashed Potatoes	Rice/Garlic Potatoes	Chips
Vegetables	Mixed Veg/ Broccoli/Salad	Carrots/ Swede/Spaghetti Hoops	Broccoli/Swede/ Salad	Sweetcorn/Beans/ Salad	Beans/Peas/Salad
Salad	Plated Salad with one choice of side	Plated Salad with one choice of side	Plated Salad with one choice of side	Plated Salad with one choice of side	Plated Salad with one choice of side
Hot Jacket Potato filling	Cheese, Chicken Tikka, Tuna, BBQ Chicken, Baked Beans, Meatballs				
Hot Dessert	Chocolate Sponge & Chocolate Sauce	Iced Sponge & Custard	Marble Sponge & Custard	Lemon Drizzle Cake & Custard	Iced Sponge & Custard
Assorted Cold Dessert	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Yogurt/Fruit Pots	Yogurt/Fruit Pots	Yogurt/Fruit Pots	Yogurt/Fruit Pots	Yogurt/Fruit Pots
	Chocolate Crispy	Mousse	Cheesecake	Jelly Pot	Flap Jack
	Cake/Biscuit	Cake/Biscuit	Cake/Biscuit	Cake/Biscuit	Cake/Biscuit