## MENU – Week 1



					Academies
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1	Bolognese Pasta Bake	Cheese & Tomato Pizza Slice	Sliced Chicken	Homemade Chicken Curry	Breaded Fish
Main Meal 2	Chicken Curry Noodles	Homemade Beef Burger in a Bun	Chicken & Tomato Pasta Bake	Hot Meatball Pasta	Chicken Nuggets & Curry sauce
Vegetarian	(V) Veg Noodles	(V) Quorn Curry	(V) Cheese Omelette	(V) Nut Roast	(V) Quorn Sausage
Hot snack	Cheese/Pepperroni Panini	BBQ Chicken/ Cheese Panini	Cheese Panini/Pizza	Cheese Panini/Cheese & Beans	Cheese Panini/Cheese & Ham
Bread (Daily)	Garlic & Herb	Homemade Brown	Tomato & Herb	Curried Bread	Homemade White
Carbohydrate	Pasta Twists/ Noodles	Cubed Potatoes	Baby Potatoes/Pasta	Garlic Cheesy Bread/Roast Potatoes in Garlic	Chips
Vegetables	Green Beans Sweetcorn	Peas/Beans	Carrots/Sweetcorn	Mixed Veg	Beans/Peas
Salad	Plated Salad with 1 choice of side	Plated Salad with 1 choice of side	Plated Salad with 1 choice of side	Plated Salad with 1 choice of side	Plated Salad with 1 choice of side
Hot Jacket Potato filling	Cheese, Tuna, Baked Beans				
Hot Dessert	Eve Sponge & Custard	Iced Orange Sponge & Custard	Jam Sponge & Custard	Rhubarb Crumble & Custard	Iced Sponge
Assorted Cold Dessert	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Yoghurt/Fruit Pot	Yoghurt/Fruit Pot	Yoghurt/Fruit Pot	Yoghurt/Fruit Pot	Yoghurt/Fruit Pot
	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
	Homemade	Homemade	Homemade	Homemade	Homemade
	Cake/Biscuit	Cake/Biscuit	Cake/Biscuit	Cake/Biscuit	Cake/Biscuit